



The Institute for
Community Research

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WEST HARTFORD - Students from Hall and Conard High Schools are coming together to educate families and peers about the dangers of binge drinking. Just in time for Prom season.

Binge drinking is an epidemic among teens across the country, and West Hartford is not immune.

The students are part of the Community Action Research Team, a group of West Hartford youth who engaged in a year-long research project in which they analyzed binge drinking among their peers. Through surveys and in-depth interview the group was able to learn about the scenarios and circumstances in which their peers engage in binge drinking.

In conjunction with Hartbeat Ensemble of Hartford, CT, the group developed scenes and skits that depict the scenarios.

These scenes form part of a larger intervention being implemented in town to address one of the key findings, which is the pervasiveness and perceived normalcy of binge drinking among West Hartford teens.

A performance of the scenes will be held on Thursday, May 19th at 7:30 PM at the Playhouse on Park, 244 Park Road, West Hartford, CT.

The team is part of a project of the Institute for Community Research (ICR) of Hartford, CT. ICR is a not-for-profit institute that conducts community-based research to reduce inequities, promote positive changes in public health and education, and foster cultural conservation and development. The Institute has been collaborating with the West Hartford Substance Abuse Commission on issues related to underage drinking for the past two years.

The project is made possible through support from Department of Mental Health and Addiction Services, Hartbeat Ensemble, and the West Hartford Substance Abuse Prevention Commission.

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